

Developmental assets are essential building blocks for young people's achievement and thriving. Search Institute has identified the following building blocks of healthy development that help young people grow up healthy, caring and responsible.

- Support
- Empowerment
- Boundaries
- Constructive Use of Time
- Commitment to Learning
- Positive Values
- Social Competencies
- Positive Identity



SIGN Life Skills Program

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Life Skills Program



306-782-4711



Program Purpose

A preventative and proactive program which focuses on quantifying and developing life skills and developmental assets of youth.

Program Eligibility

Open to all youth between the ages of 12 and 20 years.

Referral Process

**Youth, family
and community
agencies can
contact the
program —**

**phone, email or stop by to set
up an appointment or for
further information!**

Key Program Points

To provide youth a safe, supportive environment to help them further develop skills to overcome barriers, develop positive relationships and to promote wellness.

A strengths based approach is utilized to meet the diverse needs and abilities of youth.

Program hours are flexible to meet the needs of the youth and family.